
Biohack Magazine

Unlock Your Mind's Potential



Brain Boost – The Command Center of Life

WHAT POWERS US

Unleash the potential of plant-based brain nutrition.

A resilient mind begins with daily choices. The Brain Boost Biohack Pack unites targeted superfoods that may support healthy cognition, a balanced gut-brain axis, and long-term vitality.

Foundations

Brain – What is it?

Your brain coordinates thought, mood, movement, and memory. It thrives on clean inputs: antioxidants, essential minerals, and phytonutrients. It also relies on clear signaling from the gut—the “second brain.” Together, they influence focus, energy, and emotional balance.

How do we support it?

With consistent nourishment and gentle detoxification. Plant-based superfoods can provide co-factors for neurotransmitter production, help reduce oxidative stress, and promote the integrity of the gut lining—so the right signals reach the brain.



The Gut-Brain Axis

In a finely tuned conversation, the gut sends signals to the brain via nerves, hormones, and metabolites.

For this system to hum, we need:

- Polyphenols & antioxidants to help counter oxidative stress.
- Minerals, trace elements & amino acids as building blocks.
- Botanical compounds that may help modulate inflammation.
- Prebiotic support for a balanced microbiome.



This process works quietly in the background—as long as you take good care of your body.

What does a healthy gut–brain connection feel like?

- Clearer focus and steadier mood.
- Smoother energy—without jitters or crashes.
- Sharper recall and faster reaction time.
- Comfortable digestion and regularity.
- Deeper, more restorative sleep.
- A sense of calm resilience throughout the day.

Inner clarity — plant-powered nutrients that help support healthy brain function. Up next, discover the key products and ingredients that make it possible.

Pineal Clear - Liquid Tincture

Part of the Biohack Pack – Brain Boost & The Ultimate Brain Boost

A powerful blend of synergistic ingredients that may support healthy cognition and promote a balanced sleep–wake rhythm.

1. Haritaki (*Terminalia chebula*)

Traditionally used to support “life force.” May help promote mental clarity, uplift mood, and support overall vitality.

2. Sea Moss

A mineral-rich sea vegetable valued across cultures. Provides iodine and trace elements that can help support normal metabolism and nervous system function.



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3. Chaga

A potent antioxidant source that helps protect cells and support neuronal health, promoting clear, responsive pathways.



4. Turmeric

Curcumin, its active compound, supports memory, mood balance, and reduces oxidative stress in the brain.

5. Shilajit (mineral pitch)

A mineral-rich resin, valued for centuries as a brain tonic. It helps enhance focus, mental stamina, and resilience against cognitive decline.

Biome Medic - Capsules

Part of the Biohack Pack – Brain Boost & The Ultimate Brain Boost

A powerful blend of synergistic ingredients that may support healthy gut integrity & micronutrient delivery

1. PrebioSure™ Digestive Wheat Germ Extract (patented super prebiotic)

From a targeted fraction of wheat germ that helps rebuild beneficial aerobic bacteria integral to a healthy immune environment. Naturally provides benzoquinones, amino acids, and prebiotic compounds that may encourage nutrient and vitamin absorption.



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2. Chicory Root Fiber Extract (inulin)

A well-known prebiotic fiber that feeds good bacteria so they can flourish. May support digestive comfort, regularity, nutrient absorption, and a healthy inflammatory response—key pillars of gut–brain balance.

3. HumicSure™ Fulvic & Humic Acid Blend

Delivers vital trace minerals to the gut while chelating and escorting unwanted compounds for removal. Together, this may support healthy villi and reinforce normal intestinal barrier integrity, a foundation for clear gut-to-brain signaling.

4. LactoSpore® (Bacillus coagulans)

A resilient probiotic strain that withstands stomach acid to reach the intestines alive. Helps maintain a balanced microbiome, supports digestion, and assists the body's natural detox pathways for everyday wellness.

Revive-It-All - Capsules

Part of the Biohack Pack – Brain Boost & The Ultimate Brain Boost

A powerful blend of synergistic ingredients that may support healthy cognition, circulation & cellular resilience.

1. Acetyl L-Carnitine HCl (ALCAR)

A mitochondria-supporting nutrient that helps transport fatty acids for energy. May support mental energy, focus, and healthy neurotransmitter activity involved in memory and attention.

2. Alpha Lipoic Acid (ALA)

A versatile antioxidant that works in both water- and fat-based tissues. May help recycle vitamins C & E, support glutathione status, and promote healthy glucose metabolism for overall nerve and brain wellness.

3. Rice Bran

Naturally provides gamma-oryzanol, tocotrienols, B vitamins, and phytonutrients. May support antioxidant defenses, cellular energy, and a steady foundation for daily cognitive performance.

4. GliSODin® (SOD complex)

A patented form designed to support the body's own superoxide dismutase (SOD) pathways, helping defend against oxidative stress and promote a healthy inflammatory response—key for brain and vascular health.

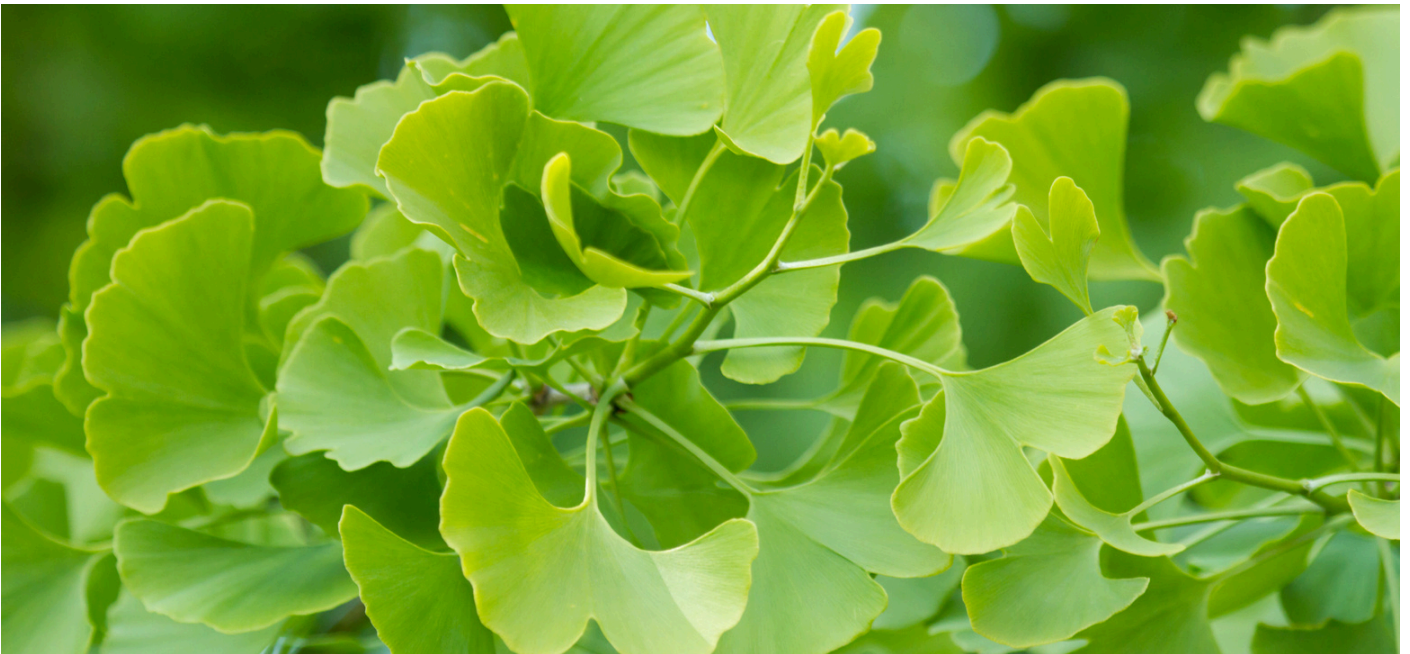
Revive-It-All - Capsules

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5. Ginkgo Biloba Leaf Extract

Traditionally used to support healthy circulation and microvascular blood flow, which may aid memory, recall, and overall cognitive clarity.



Apothe-Cherry - Liquid

Part of the Biohack Pack — Brain Boost & The Ultimate Brain Boost

A powerful blend of synergistic ingredients that may support deep, restorative sleep & nightly recovery

1. Sour/Tart Cherry Extract (*Prunus cerasus*)

Naturally provides melatonin to help support healthy circadian rhythm, sleep onset, and overall sleep quality. Rich in anthocyanins and polyphenols that may bolster antioxidant defenses and promote a healthy inflammatory response—key for overnight recovery and feeling refreshed the next day.



White American Ginseng - Liquid

Part of the Biohack Pack – the Ultimate Brain Boost

A powerful blend of synergistic ingredients that may support calm focus, stress resilience & healthy circulation

1. American Ginseng (*Panax quinquefolius*) Extract

A traditionally “cooling” adaptogen that may help the body adapt to everyday stress while promoting steady, balanced energy (without jitters). May support attention, working memory, and mental clarity, while helping maintain healthy microcirculation –key for brain perfusion. Also supports healthy immune balance and glucose metabolism as part of overall cognitive wellness.



Super Xanthin - Capsules

Part of the Biohack Pack – the Ultimate Brain Boost

A powerful blend of synergistic ingredients that may support circulation, inflammation balance & cellular protection

1. Organic Spirulina

A nutrient-dense microalgae supplying phycocyanin, carotenoids, B vitamins, and minerals. Helps bolster antioxidant defenses, support normal immune balance, and provide a foundational phytonutrient base for everyday brain and eye wellness.

2. Total Astaxanthin (as AstaREAL® Extract)

A highly researched carotenoid that helps quench singlet oxygen and free radicals, supporting mitochondrial function, healthy circulation, and endurance. May protect cells from oxidative stress—including light-induced stress in eyes, skin, and brain—to promote overall cellular resilience.



Why biohacking?

Biohacking isn't just about tracking numbers or reacting to symptoms; it's about mastering your future. At Purium, we believe true biohacking starts with what you put in your body every single day.

When you fuel yourself with pure, premium superfoods, you're not just managing your present, you're investing in a stronger, sharper, longer-lasting future. Biohacking with Purium means supporting your gut-brain connection, restoring balance, and giving your cells the tools they need to thrive.

Protecting Life - Not just Yours!

Our commitment to sustainability is woven into every aspect of our business, from our farms to your family.

We lead with regenerative farming, eco-conscious packaging, plant-based nutrition, and carbon-smart shipping, nature's most efficient delivery system.

We believe caring for our bodies and caring for the planet go hand in hand, creating a future where both people and the planet thrive, together.

Our efforts have saved over 300,000 Lbs of plastic from environmental contamination. With your help, that number will only continue to grow.

Brain Boost Biohack Pack - Product Seminar

<https://vimeo.com/1122334130>

Discover the Brain Boost Biohack Pack

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Discover the Ultimate Brain Boost Biohack Pack

<https://ishoppurium.com/AllProducts/12161>

Discover the full Biohack Collection

<https://ishoppurium.com/Collection5>

Redeem your **Gift Code** and save 25% on your first order when you purchase one of the Brain Boost Biohack Packs and try risk-free with our 60-Day Satisfaction Guarantee!

Subscribe to a Monthly Subscription upon checkout for future self & savings.

Looking for More Results?

The Ultimate Lifestyle Transformation Subscription 90 days to feeling, looking, and performing your best.

The ultimate biohack to reset and rebalance your body — the ULT helps restore homeostasis, boost energy, and unlock your body's natural vitality.

Enjoy a simple daily routine—mix, sip, and thrive.

Questions or group orders? Contact your Purium Brand Partner.